




# MAY 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Chicken Tamale w/ Pinto Beans & Vegetables Fruit & Milk	<b>4</b> Asian Chicken Pasta Salad w/ Edamame Beans & Shredded Carrots Fruit & Milk	<b>5</b> Chicken Fajitas w/ Peppers & Onions w/ Brown rice Fruit & Milk	<b>6</b> Teriyaki Beef Strips w/ Brown Rice, Vegetables Fruit & Milk	<b>7</b> Lemon Dijon Chicken Zucchini w/ Herbs Mashed Potatoes w/ Biscuit Fruit & Milk
<b>10</b> Chicken Enchilada w/ Green Salsa & Pinto Beans Fruit & Milk	<b>11</b> Shepherd's Pie w/ Ground Beef Vegetables Corn Muffin Fruit & Milk	<b>12</b> Turkey Burger w/ Potato Wedges & Vegetables Fruit & Milk	<b>13</b> Beef Stroganoff w/ Noodles Green Beans Fruit & Milk	<b>14</b> Chicken Fillet w/ French Onion Sauce Mashed Potatoes Dinner Roll Fruit & Milk
<b>17</b> Roast Beef Sandwich On French Roll Vegetables Fruit & Milk	<b>18</b> Breaded Pork Chop W/ Creamy Mustard Sauce Brown Rice Fruit & Milk	<b>19</b> Caribbean Chicken Strips w/ Southern Rice Vegetable Blend Fruit & Milk	<b>20</b> Pork Loin Herb Pasta Steamed Spinach & Cauliflower Fruit & Milk	<b>21</b> Turkey Pot Roast w/ Roasted Diced Potatoes Green Beans Dinner Roll Fruit & Milk
<b>24</b> Cheese Enchiladas Green Salsa Pinto Beans Vegetables Fruit & Milk	<b>25</b> Cheeseburger on Bun Seasoned Potato Wedges Fruit & Milk	<b>26</b> Deli Chicken & Provolone Cheese Sandwich Coleslaw Salad Fruit & Milk	<b>27</b> Teriyaki Beef Strips Noodles Carrots, Broccoli, Cauliflower Fruit & Milk	<b>28</b> Chicken Adobo w/ Seasoned Zucchini & Seasoned Spinach Brown Rice Fruit & Milk
<b>31</b> <b>CLOSED</b> In Observance of Memorial Day 	<b>SOUTH PASADENA SENIOR CENTER</b> 1102 Oxley Street (626) 403-7360  Five- or seven-day frozen meals available for weekly deliveries on Monday. <b>COST: \$3.00 per meal</b>  <b><u>NOTE: MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</u></b>			